



Ideal for Refreshed and Frozen Seafood Programs

Grab-and-go convenience for your customers.

Pre-weighed and UPC-coded — goes directly from shipping carton into fresh or frozen case, reducing in-store handling.



Premium wild-caught
Alaska Sockeye SALMON

HEALTHY
PRE-PORTIONED
CONVENIENCE
2 SERVINGS

**100% RESPONSIBLY
WILD-CAUGHT
SOURCED**

Net weight 8 oz. (227g)

Our GO WILD™ Sockeye Salmon is 100% wild-caught from the icy-cold depths of Alaskan waters, where they thrive in their natural environment. Low in calories with no carbohydrates, GO WILD™ fillets are packed with protein and pre-portioned for your convenience. So you can serve the healthiest, most flavorful and most responsibly sourced salmon tonight.

Wild-caught with care, easy to prepare

Cooking Instructions: Remove salmon fillets from tray and blot dry. Heat 1-2 tbsp. oil or butter in nonstick skillet over medium-high heat. Place fillets skin side down and pan sear 4-5 minutes. Turn and cook 4-5 minutes or until center is firm and opaque. Serve and GO WILD!

| Nutrition Facts | | * Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | |
|------------------------------|-----------------------------|---|---------------------------|
| Serving Size 4 oz. (113g) | | Calories: 2,000 | 2,500 |
| Servings Per Container 2 | | Total Fat | Less than 65g 80g |
| Amount Per Serving | | Sat Fat | Less than 20g 25g |
| Calories 160 | Calories from Fat 60 | Cholesterol | Less than 300mg 300mg |
| | | Sodium | Less than 2,400mg 2,400mg |
| | | Total Carbohydrate | 300g 375g |
| | | Dietary Fiber | 25g 30g |
| | | Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4 | |
| Total Fat 6g | 9% | Recommended daily value of protein: 50g | |
| Saturated Fat 1.5g | 3% | INGREDIENTS: | |
| Trans Fat 0g | 0% | Alaska Sockeye Salmon | |
| Cholesterol 60mg | 20% | CONTAINS: Fish | |
| Sodium 125mg | 5% | Product of USA | |
| Total Carbohydrate 0g | 0% | | |
| Dietary Fiber 0g | 0% | | |
| Sugars 0g | 0% | | |
| Protein 24g | | | |
| Vitamin A 4% | Vitamin C 0% | | |
| Calcium 2% | Iron 2% | | |

| SPECIES | ORIGIN | UPC CODE | CASE GTIN | PACKED | CASE DIMENSIONS | PALLET Ti-Hi | NET WGT. |
|----------------|--------|----------------|----------------|------------|------------------------|--------------|----------|
| Sockeye Salmon | Alaska | 8-8269494701-0 | 00882694957019 | 12 x 8 oz. | 14.19" x 9.44" x 8.19" | 13 x 8 | 624 lbs. |



Taste the difference wild-caught makes!

www.gowildseafood.com



Mariner Seafood, LLC
14 South Street, New Bedford, MA 02740
Phone: 774-202-4121 FAX: 774-202-6605



Wild, Natural & Sustainable®

All GO WILD™ seafood comes from fisheries that follow responsible, sustainable and traceable fishing practices, preserving supplies for generations to come.

© 2017 Mariner Seafood, LLC. Packed by Mariner Seafood, LLC, New Bedford, MA, USA.
GO WILD is a trademark of Mariner Seafood, LLC. Alaska Seafood is a registered trademark of the Alaska Seafood Marketing Institute.