

GO WILD™

PREMIUM SEAFOOD



Ideal for **FRESH** or even **Frozen Seafood Cases**

Grab-and-go convenience for your customers.

Pre-weighed and UPC-coded.

Reduces shrink and in-store labor costs.



WILD-CAUGHT WITH CARE, EASY TO PREPARE.
SERVE AND GO WILD!

From an MSC certified sustainable fishery.
www.msc.org



Premium wild-caught

North Atlantic Scallops

Net weight 8 oz. (227g)

SPECIES	Sea Scallops
ORIGIN	North Atlantic
UPC CODE	8-8269494601-3
CASE GTIN	00882694956012
PACKED	12 x 8 oz.
CASE DIMENSIONS	14.19" x 9.44" x 8.19"
PALLET TI-HI	13 x 10
NET WGT.	780 lbs.

Your customers will love our easy on-line recipes and serving suggestions!

www.gowildseafood.com



Our GO WILD™ scallops are 100% wild-caught from the rugged waters of the North Atlantic, where they thrive in their natural environment. Low in calories with no carbohydrates, GO WILD™ scallops are packed with protein and pre-portioned for customer convenience.

Cooking Instructions: Scallops are delicious broiled, grilled, or pan-seared. To pan-sear, remove scallops from tray and blot dry. Heat 1-2 tbsp. oil or butter in a non-stick skillet on medium-high heat. Add scallops flat side down and sear 2-3 minutes until well browned. Turn and sear 30-90 seconds longer until sides of scallops are firm and opaque.

Safe storage and handling: Keep refrigerated until ready to prepare. If purchased frozen, keep frozen until ready to prepare. Thaw in refrigerator overnight before use.

INGREDIENTS: Sea Scallops

CONTAINS: Scallops

Product of USA

MSC-C-52906

These scallops were responsibly sourced from sustainable fisheries in the North Atlantic.



Nutrition Facts

2 servings per container
Serving Size 4 oz. (113g)

Amount per serving
Calories 80

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 340mg	15%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 17g	
Vitamin D 0mcg	0%
Calcium 9mg	0%
Iron less than 1mg	2%
Potassium 266mg	6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Mariner Seafood, LLC
86 MacArthur Drive, New Bedford, MA 02740
Phone: 774-202-4121 FAX: 774-202-6605

See Mariner Seafood's complete product line at:
www.marinerseafood.com

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