



Ideal for **FRESH** or even **Frozen Seafood Cases**

Grab-and-go convenience for your customers.

Pre-weighed and UPC-coded.

Reduces shrink and in-store labor costs.

WILD-CAUGHT WITH CARE, EASY TO PREPARE.  
SERVE AND GO WILD!

HEALTHY  
PRE-PORTIONED  
CONVENIENCE  
2 SERVINGS

Premium wild-caught

# Alaska Sockeye Salmon

Net weight 8 oz. (227g)

SPECIES	Sockeye Salmon
ORIGIN	Alaska
UPC CODE	8-8269494701-0
CASE GTIN	00882694957019
PACKED	12 x 8 oz.
CASE DIMENSIONS	14.19" x 9.44" x 8.19"
PALLET Ti-Hi	13 x 10
NET WGT.	780 lbs.

Our GO WILD™ Sockeye Salmon is 100% wild-caught from the icy-cold depths of Alaskan waters, where they thrive in their natural environment. Low in calories with no carbohydrates, GO WILD™ fillets are packed with protein and pre-portioned for customer convenience.

**Cooking Instructions:** Remove fillets from tray and blot dry. Heat 1-2 tbsp. oil or butter in nonstick skillet over medium-high heat. Add fillets and pan sear 4-5 minutes. Turn and cook 3-5 minutes or until center is firm and opaque, or an internal temperature of 145° F is reached.

**Safe storage and handling:** Keep refrigerated until ready to prepare. If purchased frozen, keep frozen until ready to prepare. Thaw in refrigerator overnight before use.

INGREDIENTS: Salmon

CONTAINS: Fish

Product of USA

*This Salmon was responsibly sourced in Alaska from an MSC certified sustainable fishery.*



Wild, Natural & Sustainable®

Nutrition Facts	
2 servings per container	
<b>Serving Size</b>	<b>4 oz. (113g)</b>
Amount per serving	
<b>Calories</b>	<b>160</b>
% Daily Value*	
Total Fat 6g	8%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 125mg	5%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 24g	
Vitamin D 0mcg	0%
Calcium 11mg	0%
Iron less than 1mg	2%
Potassium 388mg	8%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



www.marinerseafood.com

GO WILD™ Premium Seafood displaying the MSC blue fish — is certified sustainable, responsibly sourced, and traceable to an MSC certified fishery. Learn more at [msc.org](http://msc.org).



www.gowildseafood.com

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